

## International Basketball Tour 2021 Itinerary

### Wilmington College

### Trinidad and Tobago – Port of Spain

#### Travel dates:

May of 2022 – We do realize that your group might/will travel in May of 2023.

#### Itinerary:

- Day 1 Departure from Columbus, Dayton or Cincinnati airport. Arrival Port-of-Spain airport and transfer to your accommodation.
- Day 2 Optional morning training session with your own coaching staff and after that visit Queen’s Park Savannah, the largest traffic roundabout in the world, and the historical Magnificent Seven. Evening pan yard visit with lesson - how to play a steel pan.
- Day 3 Visit Maracas Beach, a beautiful beach located on the north side of the island.
- Day 4 Morning training and after that picturesque hike to Maracas Waterfalls, the highest waterfalls in Trinidad. Evening game vs. local team.
- Day 5 Optional day trip by flight to Tobago. Another option for today can be to either visit the Pitch Lake or go down the Islands with a chartered boat and visit the Gasparee Caves which includes swimming in a real bat cave. Evening game vs. local team.
- Day 6 Zip-lining excursion in Chaguaramas and afternoon community service project; clinic and education for underprivileged school children in Trinidad.
- Day 7 Take a swamp tour through the lagoons and rivers to see all the wildlife in Trinidad. Evening game vs. local team.
- Day 8 Transfer to Port-of-Spain Airport for return flight back home.



Maracas Beach



Arkport Angels



Fort George



Regis University

\*The above itinerary is a provisional/suggested itinerary and can/will change depending on your group’s specific wishes, the final game schedule for your team(s) and any pro game visit(s) incorporated for your group. Sightseeing admission fees are not included in the prices but can be added and pre-booked based on your group’s specific wishes. Consult us for more information.

#### Price per person\*:

Number of people traveling	20-24	25-29
Participant prices	\$2,433	\$2,353

\* Please contact us if you will have more than 30 people traveling to request additional pricing. Prices are based on contracted airline fares for 2021. We will know more about fares for 2022 approx. 11 months prior to departure date, when airlines publish flights, and can confirm pricing then.

**Price inclusions:**

- Round trip airfare, including airport taxes and fuel surcharges. Prices are always subject to availability of flights and fares at time of booking.
- Accommodations and meals as specified in this proposal – see below.
- Ground transportation – see below.
- Costs for arranging the sport program – see below.
- Services of a local tour assistant – see below.
- 1 free trip for every 19 paying travelers.

**Sport program:**

We will arrange 3 games per team.

**Accommodation and meals included:**

Trinidad: Hotel accommodation in a 3 Star family run hotel located only 15 minutes from the Capital City, 10 minutes from The St. Andrews Golf Course and just 20 minutes from Maracas Beach.

- Half board – daily breakfast and dinner is included.
- All rooms offer Wi-Fi, refrigerator, iron and ironing board, telephone, air conditioning, cable television and safe. Most rooms have either 2 double (queen beds) or one king beds. The double rooms can get a third bed.
- Hotel has a nice outdoor terrace with small (Jacuzzi size) pool, a restaurant with bar as well as front desk and small lounge.
- The reasonable quality of the hotel and personal touch of the staff make this a good place to stay.
- Prices are calculated based on sharing rooms for 3 and 4 people. Supplement for sharing a double room is \$15.00 per person per night.

**Ground transportation included:**

All mentioned ground transportation. Sometimes our organizers will use 1-2 smaller busses because not all mountain roads are accessible for bigger busses.

**Local guide services included:**

A local assistant will be assigned to be with your group each day to provide you with any assistance when necessary, and help plan or amend your daily schedule as needed.

**Options available (not included in prices).**

**Excursion options:**

All excursions as described in the above-mentioned itinerary are optional and are not included in the costs. We can pre-book these excursions for you. Costs are as follows:

- Visit Maracas Beach with local Bake 'n Shark – additional costs approx. \$ 5.00 per person.
- Hike to Maracas Waterfalls - additional costs will be approx. \$ 10.00 per person to have your own private guide available for this hike.
- Optional day trip by flight to Tobago. Tobago is the smaller of the two main islands that make up the Republic of Trinidad & Tobago. It's located in the southern Caribbean, northeast of the island of Trinidad and southeast of Grenada. Additional cost for this day trip is \$135.00 per person.
- Visit the Pitch Lake or go down the Islands with a chartered boat - approx. \$ 20.00 per person.
- Zip Lining in Chaguaramas; the zip lines are the best way to get a bird's eye view of the breathtaking beauty at Macqueripe Bay, Chaguaramas. Zip line tour approx. \$15.00 per person.
- The Pitch Lake, nature's own wonder, is located on Trinidad's south-western coast. We invite you to soak in natural Sulphur pools, enjoy the bountiful bird life, or just stand inspired by one of nature's true wonders. The Pitch Lake holds approximately 10 million tons of asphalt. It is the world's largest commercial deposit of natural asphalt, which is mined and exported for use in manufacturing and road paving. You could well imagine the Pitch Lake is alive. It burps. It hisses. Cost for this excursion is \$ 15.00 per person.
- Day Trip to Down D' Islands – visit the Gasparee Caves and Swimming in a real bat cave. Travel by boat on the waters off the North-Western Peninsula of Trinidad to one of the more popular islands off the main land, Gaspar Grande, a natural limestone labyrinth filled with stalactites and stalagmites ready for you to explore. The Gasparee Caves are approximately 90ft deep and what makes this cave so unique and appealing is its pool. Sea-water comes from an underground source to create a translucent blue pond with a depth of 10-20 feet. After 45 minutes - 1 hour swimming in this majestic pond, you'll be taken to one of the other islands to enjoy the rest of the day on the beach of one of the nearby islands. The cost of this tour is \$60.00 per person.
- Swamp tour - \$10.00 per person.

**Community service option:**

We can have your team perform a community service project with a clinic and education day for underprivileged school children in Trinidad.

**Accommodation options:**

Accommodation in the 4-star plus Hilton Hotel in Port of Spain right across the street from the Queen's Park Savannah and within minutes of downtown Port of Spain by bus/car.

- Daily breakfast and dinner included.
- Accommodation in rooms with 2 double/full size beds for 2 or 3 people per room (some rooms with 1 King size bed for 2 people available as well). Rooms have private bathroom and shower and rooms are equipped with A/C, cable TV, phone, WI-FI internet access, a safe, ironing board and hairdryer.

- Facilities of the hotel include a restaurant, a bar/lounge area with a large outdoor terrace with views of downtown Port of Spain and the Queen's Park Savannah, a gift and snack shop, a large swimming pool with a bar area and cabanas, a fitness room with sauna/spa and a tennis court.
- Supplemental cost for this option with 2 or 3 people to a room is \$ 45.00 per person per night.
- Single rooms available as well (room with 1 King bed for 1 person) at a supplement of \$90.00 per person, per night.

**Travel insurance option:**

Your participants have the option to purchase accident, illness and trip cancellation/interruption insurance, including a Cancel for Any Reason Coverage (CFAR) – more information about this insurance is included on your team website page.

**Not included:**

- Beverages (soda) with meals.
- Gratuities for representatives and bus drivers.
- Admission fees to attractions.

## Touristic Information Trinidad and Tobago

Trinidad and Tobago consist of two Caribbean islands just off the northeastern coast of Venezuela. The islands are renowned for their great beaches, vibrant culture and natural wonders.

Maracas Beach with local Bake 'n Shark: Is located on the north side of the island and unlike many of the northern beaches of Trinidad, Maracas Beach is protected by a deep bay. This beach is considered by some to be the most beautiful beach of its size located relatively close to the capital city. Located off the beach is Bake and Shark, a native dish that consists of deep-fried shark.

Hike to Maracas Waterfalls: Maracas Waterfall has an altitude of 91.5 meters and is Trinidad's highest waterfall. This waterfall is located in the Maracas St. Joseph Valley and the water comes from the southern foothills of Mt. El Tucuche. Its close proximity to Port-of-Spain makes the waterfall a favorite tourist destination.

Tobago: This island is smaller than Trinidad and is known for its sandy beaches and tropical rainforest. Tobago is surrounded by mountains, Scarborough (the capital of Tobago) and has an amazing food market. Overlooking the city are 18th-century ruins of Fort King George.

Pitch Lake: Nature's own wonder is located on Trinidad's south-western coast. We invite you to soak in natural Sulphur pools, enjoy the bountiful bird life, or just stand inspired by one of nature's true wonders. The Pitch Lake holds approximately 10 million tons of asphalt. It is the world's largest commercial deposit of natural asphalt, which is mined and exported for use in manufacturing and road paving. You could well imagine the Pitch Lake is alive. It burps. It hisses

Zip Lining in Chaguaramas: This is the best way to get a bird's eye view of Macqueripe Bay, Chaguaramas. This is an exhilarating and exciting way to see Trinidad.

Down D' Islands: Visit the Gasparee Caves and swimming in a real bat cave. Travel by boat on the waters off the North-Western Peninsula of Trinidad to one of the more popular islands off the main land, Gaspar Grande, a natural limestone labyrinth filled with stalactites and stalagmites ready for you to explore. The Gasparee Caves are approximately 90ft deep and what makes this cave so unique and appealing is its pool. Sea-water comes from an underground source to create a translucent blue pond with a depth of 10-20 feet. After a 45 minute-1-hour swimming in this majestic pond, you'll be taken to one of the other islands to enjoy the rest of the day on the beach of one of the nearby islands.

Swamp Tour: This is a memorable exploration by kayak, or dingy, or on foot in dry season, of the famous Nariva Swamp. Nariva is 6,254 hectares of wetlands, marshes and swamp forests teeming with more than 200 species of birds -- Snowy Egrets, The Black-crested Antshrike, Silvered Antbird, Green-throated Mango, Flycatchers Kingfishers, Savannah Hawks and Azure Gannilule.

## International Basketball Tour 2022 Itinerary

### Wilmington College

### Spain – Barcelona

**Travel dates:**

May of 2022 – We do realize that your group might/will travel in May of 2023.

**Itinerary:**

- Day 1 Departure from Columbus, Cincinnati or Dayton airport.
- Day 2 Arrival Barcelona airport. Transfer to your accommodation.
- Day 3 Bus or boat tour Tossa de Mar: visit the beautiful old fishing town made famous in the 1950's by Ava Gardner and James Mason in the film Pandora and the Flying Dutchman. Evening game vs. a local team.
- Day 4 Visit Barcelona by bus, covering the Bullring, the Gaudi buildings, Casa Battlló and the Pedrera, Plaza Francesc Masia, the Nou Camp - home of FC Barcelona, followed by Gaudi's unfinished Sagrada Familia Cathedral and lastly Parque Guell.
- Day 5 Visit the city of Girona. Sightseeing possibilities include St. Mary's Cathedral, built between the 11th and 17th centuries, Passeig de la Muralla, Monastery of Saint Pere de Galligants and Chapel of Sant Nicolau, the Arab Baths, Cases de l'Onyar, etc. Evening game vs. a local team.
- Day 6 Visit the sacred mountain-top monastery of Montserrat with its breathtaking views.
- Day 7 Free day in Barcelona visiting the places the bus cannot reach. Drop off and pick up point in the central Plaza Catalunya. Recommended are the: Ramblas with its human statues and street artists, Palau de la Musica, Barrio Gotico with its maze of narrow streets, Plaza Real, Cathedral. Evening game vs. a local team.
- Day 8 More sightseeing in Barcelona. Visit Montjuic, a prominent hill overlooking Barcelona with amazing views of the city and visit the Olympic facilities.
- Day 9 Transfer to Barcelona airport and return flight.

\*The above itinerary is a provisional/suggested itinerary and can/will change depending on your group's specific wishes, the final game schedule for your team(s) and any pro game visit(s) incorporated for your group. Sightseeing admission fees are not included in the prices but can be added and pre-booked based on your group's specific wishes. Consult us for more information.



Wartburg College



Camp Nou



University of Mary



La Sagrada Familia

**Price per person\*:**

Number of people traveling	20-24	25-29	30-34	35-39	40-44	45-49
Participant prices	\$3,328	\$3,134	\$3,011	\$2,895	\$2,825	\$2,765

\* Prices are based on contracted airline fares for 2021. We will know more about fares for 2022 approx. 11 months prior to departure date, when airlines publish flights, and can confirm pricing then.

**Price inclusions:**

- Round trip airfare, including airport taxes and fuel surcharges. Prices are always subject to availability of flights and fares at time of booking.
- Accommodations and meals as specified in this proposal – see below.
- Ground transportation – see below.
- Costs for arranging the sport program – see below.
- Services of a local tour assistant – see below.
- 1 free trip for every 19 paying participants.

**Sport program included:**

We will arrange three friendly games per team.

**Accommodation and meals included:**

4-star Hotel accommodation in the Costa Brava region in a seaside town like Santa Susanna, Calella, etc.

- Daily breakfast and dinner included.
- The accommodation is situated near the town center and/or beach.
- Distance to Barcelona is approx. 30-35 miles. All rooms (3 bedded rooms) have a shower and toilet as well as air-conditioning.
- The hotel has a restaurant, bar, lounge, reception and sometimes an outdoor swimming pool.
- Double rooms are available as well at a supplement of \$ 15.00 per person per night.

**Ground transportation included:**

During your entire stay a private bus will be available exclusively for your group – 10 hours a day.

**Local guide services included:**

A local tour assistant will be assigned to be exclusively with your group full time each day during your stay in each destination to provide you with any assistance when necessary, and help plan or amend your daily schedule as needed.

**Options available (not included in prices)**

**Sport program options:**

- We can arrange tickets to pro games, subject to availability. Ticket costs will depend on the game, but usually ticket costs range from approx. \$75-\$150 per person depending on the game.
- A 2-hour training session with your own coaching staff – costs approx. \$300.00 per 2 hours.
- Training sessions with coaches from a Barcelona area pro club like RCD Espanyol – costs approx. \$1,050.00 total per 2 hours, including field hire. Consult us for more information.
- Visit and tour of a pro team stadium – approx. \$ 35.00 per person for Camp Nou Stadium Tour.

**Accommodation option Barcelona:**

On request, we can accommodate the group in a 3/4-star hotel in Barcelona, close to the city center while in Spain instead. Hotel is within walking distance of a train station and not far from the Sagrada Familia. All rooms have private facilities/bathroom, satellite TV, phone and climate control. Hotel has a bar, lounge, workout room and small outdoor pool. Supplemental cost for this hotel option is approx. \$40.00 - \$60.00 per person per night (to be confirmed – depends on time of the year).

**Travel insurance option:**

Your participants have the option to purchase accident, illness and trip cancellation/interruption insurance, including a Cancel for Any Reason Coverage (CFAR) – more information about this insurance is included on your team website page.

**Not included in prices:**

- Beverages (soda) with meals.
- Gratuities for representatives and bus drivers.
- Admission fees to attractions.
- Single rooms in hotels. Single rooms are available at a supplement of \$40.00 per person per night on top of the double room supplements outlined in the accommodation description.



## Touristic information Barcelona

Barcelona is the capital city of the autonomous community of Catalonia in Spain, as well as the country's second most populous municipality, with a population of 1.6 million within city limits. It is the largest metropolis on the Mediterranean Sea. Barcelona has a rich cultural heritage and is today an important cultural center and a major tourist destination. Particularly renowned are the architectural works of Antoni Gaudí and Lluís Domènech i Montaner, which have been designated UNESCO World Heritage Sites. Barcelona is also home to two top pro clubs in Spain, FC Barcelona and RCD Espanyol.

**CAMP NOU:** Visit the Home of Barcelona FC, the away team changing room and the players' tunnel, the dugouts, the press room, commentators box and of course the Museum. The Museum is the most modern football museum thanks to its interactive wall spaces, large scale audiovisual displays and an extensive display of objects to explain the history of FC Barcelona and understand the values that make Barça "més que un club" -- "more than a club".

**SAGRADA FAMILIA:** The unfinished Cathedral by Gaudi, The expiatory church of La Sagrada Família is a work on a grand scale which was begun on 19 March 1882 from a project by the diocesan architect, Francisco de Paula del Villar (1828-1901). At the end of 1883 Gaudí was commissioned to carry on the works, a task which he did not abandon until his death in 1926. Since then different architects have continued the work after his original idea.

**MONTSERRAT:** Montserrat is a multi-peaked mountain located near the city of Barcelona. It is well known as the site of the Benedictine abbey, Santa Maria de Montserrat, which hosts the Virgin of Montserrat sanctuary and which is identified by some with the location of the Holy Grail in Arthurian myth. The mountain is composed of strikingly pink conglomerate, a form of sedimentary rock. Montserrat is Spain's first National Park.

**CASTELL DE MONTJUIC:** Barcelona's Montjuïc is a broad shallow hill to the southwest of the city center. The eastern side of the hill is almost a sheer cliff, giving it a commanding view over the city's harbor immediately below. The top of the hill (a height of 184,8 m) was the site of several fortifications, the latest of which the Castle of Montjuïc remains today. The fortress largely dates from the 17th century, with 18th-century additions. It served as a prison, often holding political prisoners, until the time of General Franco. The castle was also the site of numerous executions. On different occasions during the Spanish Civil War, both Nationalists and Republicans were executed there, each at the time when the site was held by their opponents. The Catalan nationalist leader Lluís Companys i Jover was also executed there in 1940, having been extradited to the Franco government by the Nazis.

**LA RAMBLA & BOQUERIA MARKET:** This busy street is just for pedestrians and is lined with outdoor markets, shops, restaurants and cafes. La Boqueria is a large public market in the Ciutat Vella district of Barcelona, and one of the city's foremost tourist landmarks, with an entrance from La Rambla, not far from the Liceu, Barcelona's opera house. The market has a very diverse selection of goods.